

# Chris Ostrowski

SAG- AFTRA

Chris.Ostrowski91@gmail.com

570-885-7179

[chrisostrowski91.com](http://chrisostrowski91.com)

## **THEATER**

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|                            |  |   |
|----------------------------|--|---|
| Evening With Stephen Crane | Stephen Crane (One Man Show)                                   | Janice Orlandi  |
| The Glass Menagerie        | Tom Wingfield  | Steve Barrett   |
| Julius Caesar              | Octavius Caesar, Cinna, Murellus,<br>Decius Brutus, and Cicero | James Jennings  |
| Help Me Get Over You       | John Paxton  | Joe Sexton  |
| Help Me Get Over You       | John Paxton  | Downtown Urban Arts<br>Festival: Theater 80 St. Marks |
| The Long Christmas Dinner  | Charles Bayard   | Steve Barrett   |
| The Bacchae Redux          | Pentheus   | Amanda Barrett  |
| Racquetball                | Don  | Art Bernal  |
| Blind Date                 | John Paxton  | David Carlson   |

## **FILM**

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|                                    |               |                  |
|------------------------------------|---------------|------------------|
| The Thing We Tell the Ones We Love | Billy         | Matt Wilkins     |
| Into Modern Times                  | Tramp         | Emily DeVille    |
| Mana                               | Walker        | Eirik Forus      |
| Earn Your Horn                     | Ed Baker      | Bailey Smart     |
| Rocko and Gunning                  | Ronnie Rocko  | Ben Bocko        |
| Beyond the Rye                     | Coach Johnson | Nathan Devlin    |
| Lights Out for Venus               | Mr. Martin    | Megan Smith      |
| I'm Gonna Throw Up                 | Adam          | USC Grad Program |

## **COMMERCIAL**

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|                               |                 |               |
|-------------------------------|-----------------|---------------|
| Saucony West NYC "Freshwater" | Fisherman       | Roger Decosta |
| Take the Test                 | Football Player | Jason Sherry  |

## **AWARDS/ NOMINATION**

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Winner Actors Fund & Mailer Tuchman Media Diery Monologue Challenge  
Finalist Best Ensemble Cast Los Angeles International Film Festival Indie ShortFest

## **TRAINING / EDUCATION**

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|--|---|
| Ohio Wesleyan University                 | Major: International Studies / Minor: History |
| Method/ Stanislavsky                     | Roberta Wallach                               |
| Chekhov Technique / Williamson Technique | Janice Orlandi                                |
| Yat Malmgren's and Laban's Method        | Giles Foreman                                 |
| Tom Todoroff Conservatory                | Tom Todoroff                                  |
| Intern Actors Studio/ Method             | Actors Studio (44th st.)                      |

## **SPECIAL SKILLS**

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Accent (Southern, New York), Lacrosse (Collegiate, 1st Team All Conference, High School Varsity Head Coach), Ice Hockey (Prep, Juniors, Europe), Football (Prep, Unico All-Star Game), Cycling, Running, and Personal Training